

Position	Race no.	Name	Gender	Cat	Club	Gun Time	F Pos	M Pos	Cat Pos	Team Pos
1	501	SAM PENDRILL	M	MSEN	MACCLESFIELD HARRIERS & AC	0:19:54		1	1	1
2	644	SOPHIE FAIRBANKS	F	FSEN	SALE HARRIERS MANCHESTER	0:20:26	1		1	1
3	652	JOSHUA WALTON	M	MSEN	EAST CHESHIRE HARRIERS & TAMESIDE AC	0:20:26		2	2	1
4	586	DAVID KEARNEY	M	MV35	MANCHESTER YMCA HARRIERS	0:20:28		3	1	1
5	627	EZRA WARREN	M	MSEN	BRAMHALL RUNNERS	0:20:30		4	3	1
6	499	MARK CONDON	M	MSEN	MANCHESTER YMCA HARRIERS	0:20:41		5	4	2
7	658	MARK SHATWELL	M	MV40	STOCKPORT HARRIERS & AC	0:20:45		6	1	1
8	581	IAIN MURDOCH	M	MV50	STOCKPORT HARRIERS & AC	0:20:53		7	1	2
9	619	ANDY PORTER	M	MV55	BRAMHALL RUNNERS	0:21:06		8	1	2
10	515	PAUL BROOKS	M	MV45		0:21:24		9	1	1
11	585	THOMAS HARRIS	M	MJUN	TRAFFORD ATHLETIC CLUB	0:21:36		10	1	1
12	630	MATTHEW MORAN	M	MV40	BRAMHALL RUNNERS	0:21:39		11	2	3
13	568	JOHN WILLIAMS	M	MV40	BRAMHALL RUNNERS	0:21:41		12	3	4
14	674	BARRY ARCHBOLD	M	MV50		0:21:45		13	2	2
15	671	GED MCGRATH	M	MV50	STOCKPORT HARRIERS & AC	0:22:08		14	3	3
16	656	VIC WALSH	M	MV45	BELLE VUE RACERS	0:22:21		15	2	1
17	489	LAURA BARBER	F	FV35	SALE HARRIERS MANCHESTER	0:22:25	2		1	2
18	647	TOM LAWRENCE	M	MV35		0:22:25		16	2	3
19	587	LUKE HEAPS	M	MSEN		0:22:42		17	5	4
20	628	PHILIP TOMKINSON	M	MV35	MANCHESTER YMCA HARRIERS	0:22:46		18	3	3
21	571	MATT DARNLEY	M	MV45	BRAMHALL RUNNERS	0:23:11		19	3	5
22	566	DANIEL BAILEY	M	MV35	MANCHESTER YMCA HARRIERS	0:23:16		20	4	4
23	572	ROBERT FAIRBANKS	M	MV45	SALE HARRIERS MANCHESTER	0:23:22		21	4	1
24	601	JOHN ROPER	M	MV40		0:23:28		22	4	5
25	599	CHRIS KERSHAW	M	MV40	BRAMHALL RUNNERS	0:23:31		23	5	6
26	592	LIAM WARD	M	MV35	MANCHESTER YMCA HARRIERS	0:23:42		24	5	5
27	606	PAUL OAKLEY	M	MV55	GOYT VALLEY STRIDERS	0:23:45		25	2	1
28	672	RICHARD WILLIAMS	M	MV45	MARPLE RUNNERS	0:23:54		26	5	1
29	618	ZACH MCGRATH	M	MJUN		0:23:59		27	2	6
30	622	ZAIN KARIM	M	MV35	BRAMHALL RUNNERS	0:24:12		28	6	7
31	561	SAMANTHA JONES	F	FV40	BRAMHALL RUNNERS	0:24:15	3		1	1
32	570	MICHAEL MCLAUGHLIN	M	MV40	STYAL RUNNING CLUB	0:24:21		29	6	1
33	588	STEVE GRACE	M	MV45	MARPLE RUNNERS	0:24:36		30	6	2
34	539	STEPHEN BRUNDRETT	M	MV55	BRAMHALL RUNNERS	0:24:38		31	3	8
35	667	PHIL RAMSEY	M	MV45	BRAMHALL RUNNERS	0:24:46		32	7	9

36	669	MIKE KINNEAR	M	MV40	BRAMHALL RUNNERS	0:25:12		33	7	10
37	659	ISABELLE STUTCHFIELD	F	FJUN	STOCKPORT HARRIERS & AC	0:25:13	4		1	1
38	485	CHRIS TRASK	M	MV50	BRAMHALL RUNNERS	0:25:29		34	4	11
39	524	SAM EVANS	M	MV35	BRAMHALL RUNNERS	0:25:36		35	7	12
40	643	LEONARD LUCA	M	MSEN		0:25:37		36	6	7
41	673	BEN WATSON	M	MV40	MANCHESTER YMCA HARRIERS	0:25:38		37	8	6
42	649	ROBERT KIRKBRIDE	M	MV55	STYAL RUNNING CLUB	0:25:39		38	4	2
43	615	NICK COCHRANE	M	MV45	MARPLE RUNNERS	0:25:42		39	8	3
44	535	ASHLEY SMITH	M	MSEN	BRAMHALL RUNNERS	0:26:04		40	7	13
45	583	ALAN BEAUMONT	M	MV35	MANCHESTER YMCA HARRIERS	0:26:07		41	8	7
46	676	AIDAN GRANT	M	MV45	GOYT VALLEY STRIDERS	0:26:08		42	9	2
47	650	STEVE AUGHTON	M	MV50	BRAMHALL RUNNERS	0:26:10		43	5	14
48	602	JAMES FELTHAM	M	MSEN	BRAMHALL RUNNERS	0:26:15		44	8	15
49	516	PHIL COTTRILL	M	MSEN		0:26:16		45	9	8
50	603	GARETH PRITCHARD	M	MV40	BRAMHALL RUNNERS	0:26:18		46	9	16
51	507	ALEXANDER RATCLIFFE	M	MV35	MARPLE RUNNERS	0:26:23		47	9	4
52	512	JENNY FRYER	F	FSEN	MARPLE RUNNERS	0:26:38	5		2	1
53	600	STEVE MCGOVERN	M	MV45	BRAMHALL RUNNERS	0:26:40		48	10	17
54	660	SARAH SENIOR	F	FV45	BRAMHALL RUNNERS	0:26:54	6		1	2
55	621	RICHARD HALL	M	MV55	BRAMHALL RUNNERS	0:27:01		49	5	18
56	536	IAN DIXON	M	MV50	BRAMHALL RUNNERS	0:27:11		50	6	19
57	626	KIM DAVIES	F	FV40	BRAMHALL RUNNERS	0:27:14	7		2	3
58	509	STEVE SHAUGHNESSY	M	MV65	STOCKPORT HARRIERS & AC	0:27:17		51	1	4
59	576	MARTIN WOOD	M	MV45	BRAMHALL RUNNERS	0:27:19		52	11	20
60	504	JOSIE CLOUGH	F	FSEN	MANCHESTER YMCA HARRIERS	0:27:22	8		3	1
61	664	KIM ROGERS	F	FSEN	BRAMHALL RUNNERS	0:27:22	9		4	4
62	537	PHOEBE WILLIS	F	FV35		0:27:34	10		2	1
63	514	JON LAWRENCE	M	MV55	BRAMHALL RUNNERS	0:27:58		53	6	21
64	623	PAUL WRIGGLESWORTH	M	MV45		0:28:01		54	12	9
65	590	MIKE PEASE	M	MV45	BRAMHALL RUNNERS	0:28:04		55	13	22
66	654	GRACE HOLLOWAY-NEVILLE	F	FSEN	MANCHESTER YMCA HARRIERS	0:28:10	11		5	2
67	616	ALASTAIR FIELDING	M	MV40	DAVENPORT RUNNERS	0:28:19		56	10	1
68	505	CHLOE QUINN	F	FSEN	MANCHESTER YMCA HARRIERS	0:28:43	12		6	3
69	607	ANDREW HUGHES	M	MV60	BRAMHALL RUNNERS	0:28:59		57	1	23
70	563	BONITA WATKINS	F	FV35		0:28:59	13		3	2
71	613	LLOYD O'HARA	M	MSEN	BRAMHALL RUNNERS	0:29:01		58	10	24

72	521	SARA HARRIS	F	FV50	STYAL RUNNING CLUB	0:29:06	14		1	1
73	597	ZAK LAWRENCE	M	MSEN		0:29:10		59	11	10
74	577	ELAINE FLAVELL	F	FV35	STOCKPORT HARRIERS & AC	0:29:11	15		4	2
75	484	JO SAMPSON	F	FV40	BRAMHALL RUNNERS	0:29:25	16		3	5
76	491	STEVE FAIRCLOUGH	M	MV55	BRAMHALL RUNNERS	0:29:31		60	7	25
77	624	FAEZ KAISER	M	MV50	BRAMHALL RUNNERS	0:29:44		61	7	26
78	668	GORDON SHARP	M	MV70	LYME RUNNERS	0:29:47		62	1	1
79	487	REBECCA GLEN	F	FV45	GOYT VALLEY STRIDERS	0:29:55	17		2	1
80	579	MICHELLE BIRDSALL	F	FV45	MACCLESFIELD HARRIERS & AC	0:29:59	18		3	1
81	503	PAUL MCDAID	M	MV55	HEALD GREEN RUNNERS	0:30:06		63	8	1
82	564	KATIE BAKER	F	FV35	MANCHESTER YMCA HARRIERS	0:30:13	19		5	4
83	483	VICKY ROBINSON	F	FSEN	MARPLE RUNNERS	0:30:24	20		7	2
84	502	ELIZABETH PENDRILL	F	FJUN		0:30:32	21		2	3
85	645	LEE SMITH	M	MV45	BRAMHALL RUNNERS	0:30:36		64	14	27
86	610	SARAH STUTCHFIELD	F	FV45	MARPLE RUNNERS	0:30:42	22		4	3
87	611	ROB STUTCHFIELD	M	MV45	MARPLE RUNNERS	0:30:47		65	15	5
88	580	PAUL FARRINGTON	M	MV50	STOCKPORT TRI CLUB	0:30:50		66	8	1
89	522	DUNCAN MORRISON	M	MSEN		0:30:54		67	12	11
90	593	PAUL HUNT	M	MV60	GOYT VALLEY STRIDERS	0:31:04		68	2	3
91	598	ANDREA BUCKINGHAM	F	FV55	BRAMHALL RUNNERS	0:31:06	23		1	6
92	500	JANE FLETCHER	F	FV45	MANCHESTER YMCA HARRIERS	0:31:14	24		5	5
93	520	LOIS BROOKS	F	FV35		0:31:16	25		6	4
94	490	MIKE UTTING	M	MV50	BRAMHALL RUNNERS	0:31:21		69	9	28
95	595	PHILIPPA ROBINSON	F	FV40	BELLE VUE RACERS	0:31:28	26		4	1
96	562	MALCOLM DUNNE	M	MV60	LONELY GOAT RC	0:31:29		70	3	1
97	651	LUCY HARTLEY	F	FV35	MANCHESTER YMCA HARRIERS	0:31:40	27		7	6
98	591	ANDY FOWLER	M	MV55		0:31:43		71	9	12
99	538	NICOLA COMBS	F	FV35	BRAMHALL RUNNERS	0:31:44	28		8	7
100	481	JEN BULMAN	F	FV35	BRAMHALL RUNNERS	0:31:48	29		9	8
101	608	HANNAH MITCHELL	F	FSEN		0:31:54	30		8	5
102	527	KIM CHAMBERS	F	FSEN	MILE SHY CLUB	0:31:56	31		9	1
103	498	RICHARD HADLEY	M	MV45	STYAL RUNNING CLUB	0:31:58		72	16	3
104	723	DENNIS YARWOOD	M	MV55	SPECTRUM STRIDERS	0:32:01		73	10	1
105	523	PAUL COWELL	M	MV55	BRAMHALL RUNNERS	0:32:05		74	11	29
106	617	ANN RICHARDSON	F	FV40	MARPLE RUNNERS	0:32:09	32		5	4
107	584	JULIE PENDRILL	F	FV50	STYAL RUNNING CLUB	0:32:11	33		2	2

108	488	NICK ROBERTS	M	MV55	STOCKPORT TRI CLUB	0:32:12		75	12	2
109	532	THOMAS FISHER	M	MJUN	STOCKPORT HARRIERS & AC	0:32:13		76	3	5
110	496	RAY GIBBONS	M	MV55		0:32:24		77	13	13
111	612	ADAM SEXTON	M	MV35	MILE SHY CLUB	0:32:50		78	10	1
112	620	SOPHIE BARLOW	F	FSEN	BRAMHALL RUNNERS	0:32:55	34		10	9
113	646	IAN YARWOOD	M	MV60	DRAGONS RUNNING CLUB (SALE)	0:33:04		79	4	1
114	506	GRAEME WILKINSON	M	MV40	MANCHESTER YMCA HARRIERS	0:33:15		80	11	8
115	531	STEPHEN PAUL COLE	M	MV50	STOCKPORT HARRIERS & AC	0:33:32		81	10	6
116	526	ROBYN CARSON	F	FSEN	BRAMHALL RUNNERS	0:33:43	35		11	10
117	661	SHEILA PAICE	F	FV60		0:33:47	36		1	6
118	541	MARK GODDEN	M	MV65	MACCLESFIELD HARRIERS & AC	0:34:04		82	2	2
119	594	MOIRA HUNT	F	FV65	GOYT VALLEY STRIDERS	0:34:05	37		1	2
120	582	JENNIFER MABBOTT	F	FV35		0:34:06	38		10	7
121	497	MARK WARNER	M	MV55	MARPLE RUNNERS	0:34:19		83	14	6
122	662	KATIE DRAPER	F	FV35	BRAMHALL RUNNERS	0:34:29	39		11	11
123	629	NADHIM BAYATTI	M	MV50	BRAMHALL RUNNERS	0:34:29		84	11	30
124	528	REBECCA STORER	F	FV35	BRAMHALL RUNNERS	0:34:41	40		12	12
125	569	CHRISTINE BOWEN	F	FV65	GOYT VALLEY STRIDERS	0:34:53	41		2	3
126	545	STEVEN HUGHES	M	MV60	BRAMHALL RUNNERS	0:35:04		85	5	31
127	609	AFSANEH FARZANEH	F	FV35		0:35:55	42		13	8
128	540	AMY AYLWARD	F	FSEN		0:36:02	43		12	9
129	663	SARAH BEATTIE	F	FV50	BRAMHALL RUNNERS	0:36:11	44		3	13
130	642	CLAIRE ELSWORTH	F	FV50	GOYT VALLEY STRIDERS	0:36:17	45		4	4
131	675	MARY ROBERTS	F	FV60		0:36:17	46		2	10
132	517	FIONA COWELL	F	FV55	BRAMHALL RUNNERS	0:36:18	47		2	14
133	486	CHRIS TETLEY	M	MV65	GOYT VALLEY STRIDERS	0:36:27		86	3	4
134	670	LYNSEY CHARLES	F	FV45		0:36:42	48		6	11
135	614	BOB JONES	M	MV60	MARPLE RUNNERS	0:36:51		87	6	7
136	529	ALEX LINDSAY	F	FSEN	BRAMHALL RUNNERS	0:37:00	49		13	15
137	653	REBECCA SCANLON	F	FV50	LONELY GOAT RC	0:37:01	50		5	1
138	542	LOUISE GODDEN	F	FV60		0:37:02	51		3	12
139	518	ANDY LORD	M	MV60	MARPLE RUNNERS	0:37:17		88	7	8
140	508	PHILIP BROADBENT	M	MV50	LONELY GOAT RC	0:37:23		89	12	2
141	482	ALEXIS DINSMOR	F	FV75	STOCKPORT HARRIERS & AC	0:37:48	52		1	3
142	513	STACEY HOYLAND	F	FV35		0:38:44	53		14	13
143	574	ANDY TURNER	M	MV50	BRAMHALL RUNNERS	0:38:52		90	13	32

144	543	DIANE CHADWICK	F	FV50	BRAMHALL RUNNERS	0:39:01	54		6	16
145	724	IAN RANKIN	M	MV65		0:39:03		91	4	14
146	493	EMMA TURNER	F	FV50	BRAMHALL RUNNERS	0:39:05	55		7	17
147	494	AMANDA BISHOP	F	FV35	BRAMHALL RUNNERS	0:39:53	56		15	18
148	631	CELIA MACDONALD	F	FV60		0:40:33	57		4	14
149	648	ALLISON KIRKBRIDE	F	FV50	STYAL RUNNING CLUB	0:41:04	58		8	3
150	495	MANDY WINCKWORTH	F	FV65	STYAL RUNNING CLUB	0:41:15	59		3	4
151	589	LINDA AMOS	F	FV60	MARPLE RUNNERS	0:42:02	60		5	5
152	510	NICOLA SANSOM	F	FV35	CHORLTON RUNNERS	0:42:36	61		16	1
153	655	EMMA MARTIN	F	FSEN	GOYT VALLEY STRIDERS	0:43:02	62		14	5
154	657	EMMA EADIE	F	FV45	HEATON RUNNERS	0:43:05	63		7	1
155	625	AMANDA AYLWARD	F	FV50		0:43:07	64		9	15
156	511	MELANIE LI	F	FV55		0:43:14	65		3	16
157	604	JILL HARRISON	F	FV50	BRAMHALL RUNNERS	0:43:15	66		10	19
158	573	VIC UTTING	F	FSEN	BRAMHALL RUNNERS	0:43:18	67		15	20
159	666	ALISON CALOW	F	FV45		0:43:39	68		8	17
160	665	EMMA HILLESDON	F	FV45		0:43:40	69		9	18
161	605	CHRISTINE ADKINS	F	FV70	BRAMHALL RUNNERS	0:44:01	70		1	21
162	519	RACHEL FELTHAM	F	FSEN		0:44:46	71		16	19
163	530	LAURA MILLINGTON	F	FV65	BRAMHALL RUNNERS	0:44:51	72		4	22
164	596	ANGELA SHELMERDINE	F	FV40		0:45:17	73		6	20
165	533	MIKE HALL	M	MV60	BRAMHALL RUNNERS	0:46:28		92	8	33
166	575	TED LOCK	M	MV80		0:46:41		93	1	15
167	534	CHARLA TORKINGTON	F	FV45	BRAMHALL RUNNERS	0:48:39	74		10	23
168	525	SANDRA ROBINSON	F	FV45	MANCHESTER YMCA HARRIERS	0:48:46	75		11	7
169	567	JANE POOLE	F	FV55		0:51:01	76		4	21
170	641	SIMON DAWKINS	M	MV60		0:51:02		94	9	16
171	492	JULIE FAIRCLOUGH	F	FV55	BRAMHALL RUNNERS	0:57:04	77		5	24
172	544	KAREN COOKE	F	FV55	BRAMHALL RUNNERS	0:57:04	78		6	25
173	578	FALGUNI BHATT	F	FV40	BRAMHALL RUNNERS	0:57:21	79		7	26